

The next Substance Abuse Prevention Academy will be held **Sept. 20–23 and Nov. 1 –4, 2010**, at Eastern Kentucky University, Richmond, KY. See inside brochure for daily schedule

For lodging at the Comfort Inn Suites, call (859) 624-0770 and book under the Substance Abuse Prevention Academy block to receive special room rate. You may also log onto [richmondky.com](http://richmondky.com) for additional lodging or direction information.

If you prefer to register electronically, an online registration can be accessed at [http://mhmr.ky.gov/mhsas/sa\\_academy.asp](http://mhmr.ky.gov/mhsas/sa_academy.asp)

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Daytime Telephone:

(\_\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_  
\_\_\_\_\_

Please indicate how you hope to benefit from this training:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

I've been working in substance abuse prevention for \_\_\_\_\_ years \_\_\_\_\_ months

Optional Friday morning classes will be offered (no additional cost) on September 24 and November 5. Details to be provided.

**Tuition: \$300 for both weeks of training**

Make check payable to Eastern KY University

Mail check to: Cassie Green, MHSA, 351-B Perkins Bldg., 521 Lancaster Ave., Richmond, KY 40475-3102

Still have questions? Contact

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## Substance Abuse Prevention Academy

**September 20-23 and November 1-4, 2010**

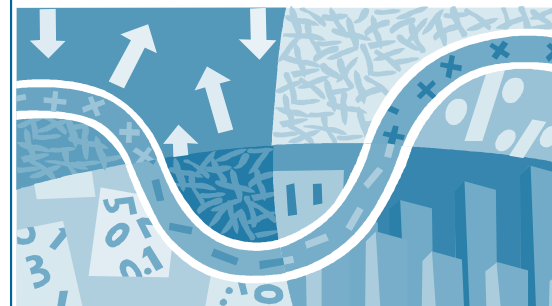
Kentucky Dept. of Behavioral Health, Developmental and Intellectual Disabilities  
Div. of Behavioral Health, Substance Abuse Prevention Program

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Frankfort KY 40621

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Prevention Program



## Substance Abuse Prevention Academy



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interactive training for  
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# Kentucky's Substance Abuse Prevention Academy

## Academy Overview

The Substance Abuse Prevention Academy provides comprehensive, interactive training for prevention professionals and others who are working to reduce the effects of substance abuse in their communities. The academy also provides an opportunity to build relationships with other prevention-minded persons while learning how to strategically identify and address alcohol, tobacco and other drug abuse problems in their community.

The academy is held twice yearly – once in the spring and once in the fall. A full course is covered in eight days, Monday through Thursday, over two non-consecutive weeks. Optional Friday sessions are available at no additional cost, and the course descriptions for these sessions vary depending on current need. Contact hour credits are provided for all trainings.

**Who should attend?** The academy is designed for those who are fairly new to the field of substance abuse prevention, but more experienced prevention professionals will also benefit from attending the academy, particularly those who need an initial introduction or refresher on the Strategic Prevention Framework (SPF). Typical attendees include newly hired regional prevention center staff, early intervention specialists, educators, Juvenile Justice staff, social workers, and community coalition leaders.



The academy hours are 9:00am-3:30pm daily with the exception of Day 1 of Week 1, which begins at 8:30am to allow time for introductions and announcements.

### Week One

#### Day 1: Brain Chemistry and Drug Trends

What happens in the brain when we use or abuse drugs, particularly alcohol, marijuana, inhalants, and diverted prescription drugs? How to avoid the stigma that often accompanies addiction.

#### Day 2: Prevention Overview

- Prevention History/Body of Knowledge
- Overview of the Strategic Prevention Framework (SPF) and Kentucky's Prevention System

#### Day 3: Community Assessment - Step I

Why is data collection so important? Where do you find data about your community and how can you get new data? How can you identify gaps in the data; what do you do about it?

**The Strategic Prevention Framework (SPF) is a planning model. The SPF focuses on collection of data at all steps to support data-informed decision-making.**

**The five interdependent SPF steps are:**

- I. Needs, resources and readiness assessment
- II. Capacity building
- III. Comprehensive strategic planning
- IV. Implementation of strategies
- V. Evaluation and monitoring

#### Day 4: Building Capacity in the Community - Step II

What are the types and levels of capacity building; what tools do I need to identify those resources already available? How do you build and sustain capacity?

### Week Two

#### Day 1: Building Self Capacity - Step II

The morning session examines personality types as described by the Myers-Briggs Type Indicator (MBTI) and includes the results of individual inventories taken during week one. The afternoon training continues building on self-capacity by looking at development of meeting facilitation skills.

#### Day 2: Project Planning - Step III

How to identify strategies for target populations; how to use data to develop a strategic plan; how to identify strategic goals, objectives, and measurements, including use of logic models. A mini-session of Fetal Alcohol Spectrum Disorder (FASD) will be included on this day.

#### Day 3: Implementation - Step IV

After developing a logic model in Step III, this workshop will go over the information needed to develop an action plan utilizing the following information: CSAP's Six Prevention Strategies, resources, categories of prevention, risk and protective factors, process and outcome measures, fidelity, and the goals of prevention.

#### Day 4: Evaluation - Step V

Why is evaluation important? How do you use evaluation findings to refine and improve prevention services? How do you monitor a community for potential need for changes from the original plan.